

ROCK RIDGE ELEMENTARY

ROCK RIDGE REVIEW

400 Heritage Avenue, Castle Rock, CO 80104

APRIL 2022

Peter Mosby Principal

Julie Roach
Assistant Principal

Attendance Line 303-387-5152

Office 303-387-5150

Weather Closure 303-387-SNOW

Hours

First Bell 8:30am School Begins 8:35am All Dismiss 3:30pm AM Kinder 8:30-11:15 PM Kinder 12:45-3:30

School Website









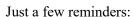
Advertising in this newsletter does not imply endorsement by the school or district.

Note from the Principal, Mr. Mosby

Dear Rock Ridge Families,

This, I believe, is the windiest April that I personally have ever experienced. Winter does not want to loosen its grip on us as we await the arrival of spring. Hopefully this is just around the corner but until then please continue to dress your children prepared for cold weather.

Hanging out at car loop is always something I look forward to, giving me an opportunity to not only be another set of eyes for safety but also to connect with parents and greet or say goodbye to students. Almost every morning I see siblings walking or dropping of their brother and/or sister for school with some siblings dressed up for the occasion. One of these siblings belongs to Haedyn Richardson, her younger brother, who shows up at car loop each morning wearing a different costume. He always greets me with a smile and knuckles and always tells me to, "have a good day". This is one of the reasons why I love my community and my job. Thank you.



- Respect the church parking area. We are guests using their property so please remember to drive carefully and respect their generosity.
- ALL absences must be communicated to the front office by an adult/parent. Not a child.
- Children are not allowed to text parents themselves should they become ill at school. The office needs to make the call so that we can monitor illnesses within the building. The office will notify parents/guardians if your child needs to be picked up.
- If your child has diarrhea, fever, or vomiting please do not send them to school. Even if medicine improves their symptoms.

Thank you all for your help with these items. If you have any questions, celebrations, or concerns please reach out to me. Have a great day!

Sincerely, Peter Mosby, Principal





Mark Your Calendar, Important Dates to Remember

April 14 – Chick-fil-A Spirit Day!

22 - No School

25 - No School: Teacher Workday, No Students

26-29-RRE Kindness Week

27 (8:45-9:15am) - Donuts & Coffee with Mr. Mosby

May 10 – PTO Meeting

17 - Donuts & Coffee with Mr. Mosby

19 - PTO Book Swap

25 (10:45am) – 6th grade Continuation

25 - Last Day of School









Celebrating our Students!

6th grade Survivor

Survivor is well underway for 6th grade students! These students compete in class challenges and collect beads on their lanyards as they demonstrate what respectful and responsible 6th grade leaders look like.





Green Team!

A big thanks to Mr. Rasavage and the Green Team who have been emptying our recycling bins this school year!

Colorado State Cup Stacking Tournament

Our very own Wyatt Stancer (5th grader/Kai) competed in the Colorado State Cup Stacking Tournament in Colorado Springs. Wyatt placed 11th in the state in the 3-6-3 stack and placed 10th in the cycle stack. Congratulations, Wyatt!



303-800-0622

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Coffee and Donuts with the Principal!

Coffee and donuts with the principal is back!

Parents are welcome to join Mr. Mosby for coffee and donuts and socializing on the following days:

April 26, May 17@ 8:45-9:15 in the cafeteria.





Specials Spotlight



Gym: K-6th Grade: We are starting Fútbol in PE. Students will be practicing dribbling, trapping, passing, defending, and scoring. Also we will be focusing on our sportsmanship with our final day of Fútbol being very game-like.

Music: Springtime in Music! Sixth grade is working on piano compositions, 5th grade is acquiring more guitar skills, Third and Fourth grade are learning the Recorders **Thank you for your patience** And Kindergarten through Second grade will be learning about Edvard Grieg and the Pyre Gynt Suite: learning about the composer, the story and playing along with "In The Hall of The Mountain King".

The Rock Ridge Talent Show will be on Tuesday, April 19th at 2:30 in the Gym

Spanish: Español is muy encantado lately! We've been learning the songs from "Encanto" in Spanish. 4th-6th grade has also been learning vocabulary including "quiero ser" (I want to be), using two different songs by that name, one describing professions that children want to be. Grades 1-3 worked on a farm with all of the animals, people, and things in the farm labeled in Spanish, to accompany a song and story, and have also been learning about Spring through a song and two stories



Counselor's Corner

DCHYC, St Andrew UMC, and Highlands Behavioral Healthcare are happy to announce our next Parent/Trusted Adult series learning opportunity. The Parent and Trusted Adult Series next workshop is on Managing Social Conflicts. Read more about this series and register here.

Please take a moment to watch the latest anxiety video featuring Dr. Scott Cypers on enhancing motivation. <u>This video</u> dives deeper into helping students' motivation, to challenge their anxiety, and tips and tricks about how to do this.

Monthly free parenting webinars can be found <u>here</u>. Recordings are available to registered participants.

- April 20, 2022 How to provide a sense of organization and structure for a child
- May 25, 2022 How to regulate your reaction to your child
- June 22, 2022 How to respond to a child's nonverbal signals
- July 20, 2022 How to deal with aggression and out of control behaviors
- August 17, 2022 How to validate a child's feelings
- September 21, 2022 How to handle problem behaviors like a sore loser, a child who lies, steal

Kindness Week is coming! April 26-29 RRE students and staff will celebrate KINDNESS WEEK. As part of our effort to show kindness to our community, we will be holding a food drive. Here are the <u>most requested items</u> for the Faith Lutheran Food Pantry!



Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community & a significant portion of your investment goes back to the school!

Want to sponsor this school? Please contact Rob Mangelson at **Rob@tscacolorado.com** or (720) 878-4107.



Important Letter for Families with incoming 6th graders



To: Parents/Guardians of students enrolled in Colorado schools

From: Colorado Department of Public Health and Environment, Immunization Branch

RE: Tdap vaccine required at 6-grade entry

January 20, 2022

Dear Parent/Guardian.

In Colorado, students entering 6-grade are required to get the tetanus-diphtheria-pertussis (Tdap) vaccine before they start school. See www.colorado.gov/pacific/cdphe/schoolrequiredvaccines.

Tetanus is a rare, non-contagious disease that can cause painful muscle tightening and stiffness; people can get tetanus through a cut or wound. Diphtheria is a rare, contagious disease that can cause breathing problems, heart failure, and other serious issues. Pertussis, or whooping cough, is a very contagious disease that can cause severe coughing spells, difficulty breathing, and other serious issues, especially in infants, toddlers, and other people who have weakened immune systems. Adolescents who get pertussis can be sick for up to three months.

A Tdap dose administered at 10 years of age counts as the adolescent Tdap dose and meets Colorado's 6th grade Tdap requirement: https://www.cdc.gov/vaccines/hcp/acip-recs/vacc-specific/dtap.html

If your student does not receive Tdap vaccine and does not meet Colorado's 6th grade Tdap requirement, a Certificate of Medical Exemption or an annual Certificate of Nonmedical Exemption must be submitted to the school: www.colorado.gov/vaccineexemption. This will assure that your student is in compliance with the Colorado school immunization law and be allowed to attend school.

For questions or more information, contact cdphe.dcdimmunization@state.co.us.



Health Reminders

Please keep your child home for any of the following symptoms that aren't related to an existing chronic health condition.

24 Hours for Major

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Major Symptoms

- Feeling feverish, having chills, temperature of 100.49 F or greater
- New or worsening cough
- Shortness of breath or difficulty breathing
- Loss of taste or smell

Minor Symptoms

48 Hours for Minor

- Sore throat
- Runny nose or congestion
- Muscle or body aches
- Headache
- Fatigue
- Nausea or vomiting
- Diarrhea

If your student experiences any major symptom for greater than 24 hours or any minor symptom for greater than 48 hours please reach out to their health care provider. The return to school guidelines we are required to follow from the health department may require a negative Covid test or isolation period from when your student started having symptoms before they could return to in person learning.

Important PTO Information

Kindness Week

Kindness Week is coming up at the end of April and our theme is "Kindness Links Us Together". The PTO is purchasing t-shirts for the entire school, as a way for us to show kindness to our kids and staff who have (nearly) made it through another crazy year. We will also be hosting a food drive to show kindness to our local community. Students will be asked to complete acts of kindness each day during the week and are invited to participate in spirit days, as well.

Chili Cook-Off

To wrap up Kindness Week, the PTO will once again be hosting a chili cook-off! Your family is invited to join us Friday, April 29 for a chili dinner. If you'd like to submit a chili for judging, your admission is FREE! If you won't be submitting a chili, your admission is \$10 per family. There will be PRIZES for the top three chili submissions! Please RSVP (check your email!) if you plan to attend, and let us know if you will be bringing chili!

Rock Ridge Run Sponsorship Program

We are looking for companies who would like to sponsor our upcoming September fundraiser, the Rock Ridge Run. This our largest fundraiser of the year with the profits going toward technology for our school, the school library, as well as the operating budget for the PTO. The Rock Ridge PTO sponsors several Rock Ridge community events throughout the year as well as funds the Classroom Teacher fund, grant requests from the entire school, and community projects in the school. If your company would be interested in sponsoring our Run, please let us know by emailing rockridgepto@gmail.com!

Rock Ridge Elementary

B.A.S.E

Rock Ridge is proud to present the Rock Ridge Rockets Before and After School program (rocket B.A.S.E. for short). This program provides a fun and relaxing way for your students to start or end their day on site here at Rock Ridge Elementary. Your kids have the opportunity to play gym games, participate in crafts and learn in a safe, professional environment right here in their own elementary school. Hours of operation daily are 6:30-8:30am and 3:30-6:00pm. B.A.S.E. also provides full day care during breaks and school closures from 6:30am-6:00pm.

If you think you may need care for your children or have general questions please visit them at the Rock Ridge B.A.S.E. website or feel free to reach out to the program manager, Amanda Pierce.

Also... Our B.A.S.E. program is growing!! We are looking for enthusiastic, energetic people to join our team. This is a great position for a high school student, or someone just looking for a few hours per week (10-15). If you or someone you know is interested please reach out to:

Amanda Pierce Rock Ridge BASE Manager 303-549-7283



Box Tops

We will not be conducting the Box Tops competition between classes this year, but WILL continue collecting Box Tops. Please remember to scan all of your receipts!

For more information about Box Tops for Education as well as instructions for downloading the app, go to:

https://

www.boxtops4education.com/.

International Baccalaureate

Each month we focus on an IB Learner Profile and *Reflective* is our focus for the month of **April.**

Students who are Reflective know what their strengths and areas to improve are. They try to think about these things, and they make changes where they can. They give thoughtful consideration to their own learning and consider their personal strengths and weaknesses in a constructive manner



How can parents help to develop students who are Reflective at home?

- Spend some time reviewing your child's report card with them. They should have the opportunity to look at this document and consider it as well. Discuss it with them and truly consider their thoughts on their strengths and areas for improvement.
- Consider the goals that your child could set for the next term. Make a list not only of the goals, but of specific actions that can be taken to achieve these goals. You might want to list action that your child will take independently as well as action parents will take to support them. For example, if one of the goals your child sets for herself is to improve her writing, her action might be to keep a journal and write in it for at least 10 minutes each night. As a parent, you might decide that the two of you will participate in shared writing, for 30 minutes each week and produce a book of narratives together.
- Consider your child's Learner Profile Self-Assessment that came home as part of the report card. This is a significant section of the formal report card that is often overlooked. Ask your child to clarify this part of the report card for you and explain why she rated her performance the way she did. Can she give an example of an area in which she is particularly strong? How does she know that this is a strong point? Can she set specific goals for improvement in other areas?